




# November 2017 Menu

## Chiganois Elementary School

Main Meals include 250 ml white milk or juice (apple) with Fruit/or Veggies.  
 Daily \$4.00 5 days- \$20.00, 10 days- \$40.00 (you can order by day, week or month.)  
 Cheques made payable to Cobequid Schools Catering Society.  
 \*\*Lunch slips are required for the main menu & alternate lunch items\*\*

October 30	October 31	November 1	November 2	November 3
#1 Breakfast Sandwich #2 Cheese Pizza  Other: _____	#1 Spooky Dogs #2 Grilled Cheese  Other: _____	#1 Mac & Cheese #2 Garlic Slice  Other: _____	#1 Chicken/Rice Soup & Biscuit #2 Pancakes & Yogurt  Other: _____	#1 Cheesy Burger & Fries #2 Pepperoni Pizza  Other: _____
November 6	November 7	November 8	November 9	November 10
#1 Chicken Alfredo #2 Cheese Pizza  Other: _____	#1 Chicken Bowl (Potatoes, Corn & Gravy) #2 Grilled Cheese  Other: _____	#1 Lazy Lasagna #2 Garlic Slice  Other: _____	#1 Spaghetti & Meatballs #2 Pancakes & Yogurt  Other: _____	#1 Mac & Cheese #2 Pepperoni Pizza  Other: _____
November 13	November 14	November 15	November 16	November 17
 #1 Hamburger & Fries #2 Grilled Cheese  Other: _____	#1 Hamburger & Fries #2 Grilled Cheese  Other: _____	#1 Breakfast Sandwich #2 Garlic Slice  Other: _____	#1 Mac & Cheese #2 Pancakes & Yogurt  Other: _____	Assessment & Evaluation Day  No School For Students
November 20	November 21	November 22	November 23	November 24
#1 Sweet & Sour Meatballs & Rice #2 Cheese Pizza  Other: _____	#1 Hamburger & Fries #2 Grilled Cheese  Other: _____	#1 Ham Diner #2 Garlic Slice  Other: _____	#1 Chicken Caesar Salad w/Breadstick #2 Pancakes & Yogurt  Other: _____	#1 Chicken Wrap #2 Pepperoni Pizza  Other: _____

### Other Main Menu Choices:

#### Sandwiches

- Egg \$2.50
- Tuna \$2.50
- Chicken Salad \$2.50
- Chicken Wrap \$3.00

#### Salads

- Caesar Salad \$3.50
- Tossed Salad \$3.50
- Veggie Plate \$3.00

#### (Chopped Veggies served daily)

\* If just ordering Juice, White Milk, or Chocolate Milk, the prices are as follows:

- Juice \$ .65
- White Milk \$ .40
- Chocolate Milk \$1.35
- Chocolate Milk w/Meal \$4.50

### Canteen when available:

- Welch's Fruit Snack \$1.00
- Fresh Breadsticks \$1.00
- Frozen Juice Bar \$1.00
- Baked Chips \$1.00
- Fresh Fruit \$ .50
- Goldfish \$ .50
- Cookie \$ .50
- Popcorn \$1.00
- Veggies & Dip \$ .50
- Yogurt Tubes \$1.00
- Slushie Cup \$1.00
- Fresh Muffins \$ .50
- Water \$1.00

