



March 2018 Menu

Chiganois Elementary School

Main Meals include 250 ml white milk or juice (apple) with Fruit/or Veggies.
 Daily \$4.00 5 days- \$20.00, 10 days- \$40.00 (you can order by day, week or month.)

Cheques made payable to Cobequid Schools Catering Society.

Lunch slips are required for the main menu & alternate lunch items

Mar 5	Mar 6	Mar 7	Mar 8	Mar 9
#1 Chicken Wrap #2 Cheese Pizza Other: _____	#1 Chicken Alfredo #2 Grilled Cheese Other: _____	#1 Mac & Cheese #2 Garlic Slice Other: _____	#1 Cheese Ravioli #2 Pancakes & Yogurt Other: _____	#1 Hot Dog #2 Pepperoni Pizza Other: _____
Mar 12	Mar 13	Mar 14	Mar 15	Mar 16
<h1>March Break</h1>				
Mar 19	Mar 20	Mar 21	Mar 22	Mar 23
#1 Mac & Cheese #2 Cheese Pizza Other: _____	#1 Chicken Nuggets & Fries #2 Grilled Cheese Other: _____	#1 Spaghetti & Meatballs #2 Garlic Slice Other: _____	#1 Hamburger & Fries #2 Pancakes & Yogurt Other: _____	No School Assessment & Evaluation Day
Mar 26	Mar 27	Mar 28	Mar 29	Mar 30
#1 Breakfast Sandwich #2 Cheese Pizza Other: _____	#1 Lazy Lasagna #2 Grilled Cheese Other: _____	#1 Mac & Cheese #2 Garlic Slice Other: _____	#1 Ham, Potatoes & Veggies #2 Pancakes & Yogurt Other: _____	

Other Main Menu Choices:

Sandwiches

Egg	\$2.50
Tuna	\$2.50
Chicken Salad	\$2.50
Chicken Wrap	\$3.00

Salads

Caesar Salad	\$3.50
Tossed Salad	\$3.50
Veggie Plate	\$3.00

(Chopped Veggies served daily)

* If just ordering Juice, White Milk, or Chocolate Milk, the prices are as follows:

Juice	\$.65
White Milk	\$.40
Chocolate Milk	\$1.35
Chocolate Milk w/Meal	\$4.50

Canteen when available:

Welch's Fruit Snack	\$1.00
Fresh Breadsticks	\$1.00
Frozen Juice Bar	\$1.00
Baked Chips	\$1.00
Fresh Fruit	\$.50
Goldfish	\$.50
Cookie	\$.50
Popcorn	\$1.00
Veggies & Dip	\$.50
Yogurt Tubes	\$1.00
Fresh Muffins	\$.50
Water	\$1.00

